

Volume 3
July to December
2018



India Rowing Newsletter

ROWING NEWS FROM ALL OVER INDIA
BY THE ROWERS, FOR THE ROWERS

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TRIVIA

The first known 'modern' rowing races began from competition amongst the professional watermen that provided ferry and taxi services on the River Thames in London.



Dear rowers,

The third and the fourth quarter of 2018, have been combined into one is here. All good things take time so will this to actually catch the eye amongst Rowers and Rowing enthusiasts.

The hectic third quarter full of activities and interesting turn of events with the Asian Games and the Gold Medal by our Quadruple Scullers. We had the Junior Nationals at Bhopal, which saw some exciting races. A private enterprise started Indoor Rowing at the school level and our Rowers overseas did well in the Masters Championships in USA. We then had the Senior Nationals in December.

This has been our wish and endeavor to bring in the Rowing and Sports community together. We started this newsletter where by news from far and near could be shared with Rowing enthusiasts and the Rowing Community both in India and overseas. We are still hoping that there is more news contribution from our overseas readers. Finally we intend to upload the same on RFI website and social media handles and share the same with all.

Happy reading and look forward to sharing news from all over in the months to come

With turn of the year and into January of 2019 I take this opportunity of wishing all Rowing enthusiasts, their families and loved ones a very happy new year and a successful 2019 to India Rowing.

Wish to thank both Animesh Biswas and Srinjoy Sen for their assistance and inputs and I sincerely hope more will come forward with new ideas, articles and news from all over.



Sincerely yours
Girish J Phadnis
Secretary General
Rowing Federation of India.

News from RFI July 2018

The final month before the teams depart for the Asian Games early August.

It was a hectic month with all formalities being done and the final names being passed on to IOA for completing the formalities.

ASIAN Games has always been an event where the whole nation keeps its hopes high and looks for our sports person to perform be it any discipline.

August 2018

Visit of ARF President

12th of August was a historic day for the Federation.

Mr Wang Shi, the President of Asian Rowing Federation visited Hyderabad along with his close associate Mr Tim and spent a day visiting the Rowing Center and interacted with our rowers.

Being an avid rower himself he took time to go out in a fours with our young rowers.

We are sure our young rowers would cherish the outing with the President of ARF for the years to come.

Did you know?

Asian Rowing Federation was formed during the 1982 Asian Games at Jaipur.



Indian Team for Asian Games 2018



Asian Rowing Federation President Wang Shi's Visit

Asian Games 2018

August 14th - The Indian Rowing team to Indonesia for the 18th Asian Games was given a fitting farewell at Pune and then a sendoff ceremony at the Mumbai Airport.

There was a lot of hope for getting the largest haul of medals and were aiming at a minimum of 5 medals and at least 2 being Gold.

Indian rowers qualified to 10 Finals, with medal hopes soaring high. We had to be content with the only Gold in Quadruple Sculls with Sukhmeet Singh, Om Prakash, Dattu Bhokanal, Swaran Singh kept the Indian flag flying and the joy India winning its second gold in the ASIAN GAMES was unmeasurable.

There was a lot of hope and expectation from our Olympian Dattu Bhokanal in Single sculls, but after a series of mishaps, he could not get a medal in the event.

We witnessed a few well fought finals in the Men's light weight Fours and the Men's Eights, where we lost a medal opportunity by a whisker.



Mr M.V. Sriram (extreme left) was a Technical Official and Mr Krishnanand Heblekar (extreme right) was a FISA Jury team member of the 18th Asian Games – 2018 Jakarta. Ms Smita Yadav was the manager of the Indian Rowing Team.

September 2018

The month of felicitations

The Asian Games medal winners were felicitated by Ministry of Youth and Sports Affairs/SAI/IOA and various states. The Prime Minister Shri Narendra Modi met the medal winners and the Presidents of the National Federations who had won medals for the Country. It was a festive occasion all over and our Rowers did us proud.



2018 World Rowing Championships

The World Rowing Championships was held at the regatta course in Plovdiv, Bulgaria, from 9 to 16 September. Events held were men and women's open class, lightweight class, and para-rowing.

This edition were the first world rowing championships where the competition schedule was gender-equal. Mr Naren Kothari Chair of the Umpires commission RFI and a FISA Umpire was nominated by FISA as a member of the Jury team for the World Rowing Championships.



October 2018 2018 Junior National Rowing Championships

39th Junior nationals were held at Bhopal and hosted by Rowing Association of Madhya Pradesh from the 2nd to the 7th of October. 17 affiliates participated having 269 participants. Thanks to Devraj Singh, Mahavir Bhatnagar and Mohan Shakya for the excellent arrangement and Mr Dalvir Singh and team for the efficient management and smooth flow of equipment. The Medal winners were selected for the Khelo India program for the development of the sport.



© RFI | 39th Jr-Nationals 2018 | Bhopal, MP

2018 Summer Youth Olympic Games

The 2018 Summer Youth Olympic Games was held at Buenos Aires, Argentina between 6th and 18th of October 2018. Our very own rowing team (JM2-) consisting of Satnam Singh and Ashish Golyan, led by our coach, Mr Jenil Krishnan, one of the most decorated rowers of India. They finished 8th.

Rohith Maradappa was the IOC Young Change Maker at the Youth Olympics amongst 80 fellow YCMs from all over the world. He was amongst the 5 YCMs chosen to draft the Athletes pledge during the closing ceremony at the YOG.



FISA National Federation Conference was held at Berlin on 23rd October 2018. The main theme of the conference was on sustaining our sport and to get new ideas from National Federations and how to grow our sport. The clear way forward was to seek a more diverse population of potential rowers from clubs, and to encourage activities and new programs at the existing clubs.

A major point of discussion was how the NFs could truly embrace Indoor rowing and Indoor Rowers as members of NFs. Case studies were discussed where some NFs had created membership for Indoor Rowers as individual NF members, thereby aiding funding and support moving forward.

This was followed by the 2018 World Rowing Awards.

November 2018

2018 Asian Rowing Coastal Championships

Victoria Harbour in Hong Kong witnessed over 200 rowers, comprising of nearly 80 crews from eight countries and regions. This is the first time that an international rowing event has been held in Hong Kong harbour and it showed the great potential of the harbour as a water sports arena for the community as well as for promoting Hong Kong.



Birth of Commonwealth Rowing Federation

A meeting of Commonwealth Rowing Federations, including Founding Members and new applicants, took place on 23 November 2018 at Berlin, Germany. The meeting was chaired by Annamarie Phelps (Commonwealth Liaison for FISA) and Hannah Every-Hall (Australia/FISA Athlete Commission).

Mr Peter Cookson was elected as President of the CRA. Ms Dorothy Blackie (SCO), Mr Ian Robson (AUS), **Mr Girish Phadnis (IND)** were elected members of the Executive Committee.

The first Annual General Meeting of the Commonwealth Rowing Association will take place in principle at the World Rowing championships in Linz-Ottensheim, Austria, in 2019.



Ms Smita Yadav, FISA Umpire from India was a member of the Jury.



December 2018

Meeting of the Asian Rowing Federation (ARF) Executive Committee members and 8 Chairs of ARF Committees was held at Bangkok, Thailand on 8th and 9th of December 2018. The main agenda was election of members in various committees and to discuss the way forward in the development and popularising of the sport in the future.

37th Senior Nationals Rowing Championship ARN PUNE

24 affiliates had their rowers/coaches putting up their best performance and ensuring that they made it to the podium and the finals.

This Nationals saw over 450 participants and 60 officials, the largest ever in RFI history. It is a very important event, as the selections for the National camp is carried out from the medal winners and they would join the last Asian Games participants in the national camp starting later in January.

To ensure that more raw talent was spotted, it was agreed that the Asian Games squad would not participate, thereby broadening the selection base of the final Indian team later in the year. The Opening Ceremony was a spectacular event with the COEP canoeing team displaying exceptional skills.



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Admiral Chainarong Charoenruk (THA)
President



Nicholas Ee (SGP)
Senior Vice President



Ho Kim Fai (HKG)
Vice President



Yong-Nam Jin(KOR)
Vice President



Vahid MORADI(IRI)
Vice President



Duan Xuan(CHN)
Vice President



RAdm.Prapanongs
Pochanasomburana (THA)
Secretary General



Hassan Ahmad Bilal (QAT)
CHAIR

Development Committee

- Mr.Abdul Malik MAS
- Ms. Su Nan TONG HKG
- Mr.Roozaimy Omar
- Mr. Jae Hyung KWON KOR
- Ms. Harumi HORIGUCHI JPN
- Ms. Atabaki IRI
- Mr.PreechaPhuangphairoe THA



Seung Hoon Han(KOR)
CHAIR

Para Rowing Committee

- Mr. Daniel YAU HKG
- Mr.COLOMEL GAURAV DUTTA IND
- Dr.Mon Mon Khaing MYA
- Mr. Satoru OKAMOTO JPN
- Mr.Omar El maskini UAE
- Mrs.Nuntaporn Pattanaviboon THA



Edy Suyono(INA)
CHAIR

Event Committee

- Mr. Wing Ning Victor NG HKG
- Ms.Miriam Chan SGP
- Mr. Dong Hoon Kay KOR
- Mr. Koji KUMAMOTO JPN
- Mr.Dorkhah IRI
- Dr.Tanomsak Senakham THA



Girish J Phadnis(IND)
CHAIR

Rowing for All Committee

- Mr.AHMED Habeeb MDV
- Mr.Toby CHENG HKG
- Mr. Jae Ho KIM KOR
- Mr. Yoshihiko TABATA JPN
- Mr.Hifni Hasan INA
- Ms.Hoseini IRI
- Capt. Nopparote Sirpanyapong THA



Capt.Jirames Wongsanitdech(THA)
CHAIR

Marketing Committee

- Mr.Sungwook KIM KOR
- Ms. Naami SATO JPN
- Mr.Athimeth Jiraprasitthasak THA
- Mr.Henry Tang THA



Flora
Executive Director



Takao SENDA(JPN)
CHAIR

Umpiring Committee

- Mr. Kin Wah SIU HKG
- Mr. Mohd Hisham MAS
- Ms. Jercyl Lerin PHI
- Dr.Pornthap Rachavay THA
- Mr.YS Hwang KOR



Christopher Perry (HKG)
CHAIR

Competitive Committee

- Mr. ISMAIL BAIG IND
- Mr. Akhiro KANAYA JPN
- Mr.Dede Rohmat Nurjaya INA
- Mr.Sazam IRI
- Dr.Rangsan Wongsan THA



Mikio HIURA (JPN)
CHAIR

Sports Medicine Committee

- Prof. Patrick Shu Hang YUNG HKG
- Mr.Kassae IRI
- Dr.Kantima Charapinyo THA
- Mr.Takagi JPN

The following from India were selected in various ARF committees:
Girish J.Phadnis - Chair, Rowing for all Committee (Indoor, Masters, Coastal Rowing)
Ismail Baig - Member, Competitive Committee
Sandeep Gupta - Member, Umpiring Committee
Col Gaurav Dutta - Member, Para Rowing Committee



RFI had a special entry for two dedicated PARA rowers from ARN Pune, Konganapalle Narayana and Kudeep Singh, who have been training for a while. Their efforts are commendable.

Meet the 50K Rower!



Ambika Agrawal started rowing in The Bengal Rowing Club when she was 12 years old and is a student of Modern High School for Girls Kolkata.

She says "When I was about to start the 50k I was quite nervous. However, some part of me knew that I could do it and I went forward with the idea. I knew I had to be strong throughout the whole thing. While hitting I was constantly focusing on my power and rate and not trying to divert my mind (it can get a little boring). Also I had to make sure that I should not let the exhaustion get to me. Above all I had to be mentally strong. When I finished I could not think for a while. As in I had yet not been able to register the fact that I had not given up and actually hit 50k at a stretch. Also I was more focused on every part of my aching body. But later I did realise that I had achieved something big and was happy to know the potential of my mental strength first hand".

Other News

Rohith Maradapa is trying to bring the Olympic concept of equality and fairness to poor athletes through his sports based outreach programme in Tamil Nadu.



Rohith Maradapa was the cox of the Indian men's eight in the 2018 Asian Games in Jakarta, Indonesia. He is a Fellow at Young India Fellowship of Ashoka University and is also a Young Change Maker (YCM), who attended the Youth Olympic Games (YOG), Buenos Aires 2018 in August. But what can be concluded as the 23-year-old's best work yet is Rohith's sports-based outreach project in Tamil Nadu to help poor young athletes to pursue sports. "I have always been passionate about fair play, equality and unity, and for me, this is what the Olympics is all about. I want to try to make a difference for the many economically disadvantaged children in my country. The Olympics treat every nation as equal. It is a level-playing field and it is this concept of fairness and equality that I aim to bring to my project back home," says Rohith. One of Rohith's aims is to bring young Indian athletes under the global limelight. At YOG, he conducted various workshops and events to bridge the gap between the Indian athletes and various countries. He says, "My role is to act as a bridge between the young Indian athletes and their Olympic heroes who will be there and make sure they are not discouraged by language barriers or embarrassment." It all started when Rohith noticed the stark difference in living conditions and exposure to opportunities between affluent children and those that live in the slums. "Young people from poor places are at such a big disadvantage and need mentors and help to realise their potential," he adds. On what he aims to do, he adds, "My goal is to break down barriers and promote fair play through workshops and sports such as ultimate frisbee. It is my aim to encourage youngsters to embrace a collaborative and empathetic outlook and, in doing so, make it easier for disadvantaged young people to achieve more."

Umpiring Seminar

Rowing Federation of India Umpiring Commission Chairman and FISA International Umpire Mr Naren Kothari conducted an umpiring seminar, assisted by Dhyanchand Awardee and FISA International Umpire Smita Shirole Yadav. The seminar was well attended by current national and international umpires, as well as aspiring umpires and coaches, during the Senior National Rowing Championships at Army Rowing Node in Pune.



Award for Keerthana

The Karnataka state honoured 13 athletes with the Karnataka Olympic Association award for their performance and achievements in their sport at the Olympic Bhavan on 27th December, 2018. Keerthana TK was honoured with the award in the field of Rowing. The award was presented by His Excellency, Governor of Karnataka, Sri Vajubhai Vala. Ms Keerthana has been rowing for 8 years now and pursuing B.Tech in Computer Science Engineering at PES University, Karnataka. She currently practices at the Bangalore Water Sports Academy, YMC Lake, Bangalore, under the guidance of Retd. Captain Dileep Kumar, President of BWSA and Retd. Captain RK Pillai, Secretary and Coach.

Keerthana TK of Karnataka won the Karnataka Olympic Association award 2018 and was presented with a memento and a cash award of Rs 1 Lac.



His Excellency, Governor of Karnataka, presenting the award

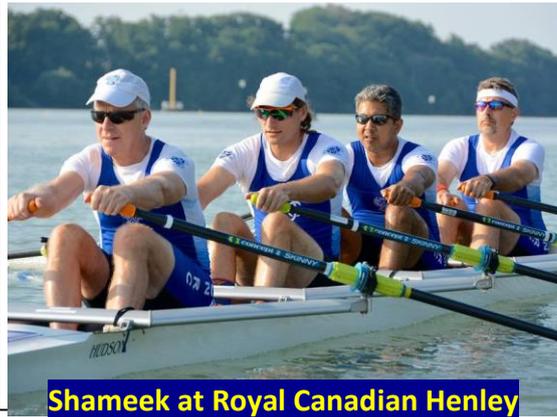
Keerthana's achievements:

- World University Rowing Championship (2018), Shanghai, China, Ranked 5th in Single Sculls.
- Participated in JW2X in 20th Asian Junior Rowing Championship, Yi-Lan Chinese Taipei.
- Bronze Medal in JW4- (Women Coxless Fours) 21st Asian Junior Rowing Championship, Wuhan, China.
- 5 Golds, 5 Silver, 3 Bronze medals at Nationals since 2012
- First lady from Karnataka to win an international medal in rowing.
- First woman to be honoured with the prestigious Ekalavya award and KOA award by the government of Karnataka.

News from Overseas

Shameek Sarkar's Achievement

Shameek (known in the Kolkata rowing circuit as Dodo), who now resides in Ontario, Canada, is an active master rower and a board member of Don Rowing Club. Earlier this year, he represented his current club in the Royal Canadian Henley Rowing regatta in multiple events with some strong results. RCHR, is a 100 year old rowing event that takes place in St Catherines, Canada, the venue for 1999 World Rowing Championship. The regatta attracts some of the finest oarsmen across the world.



Shameek at Royal Canadian Henley



Shameek stroked his crew to a top 10 finish at the Head of the Charles

Later in the year, Shameek stroked his club crew to a 10th place finish in the Senior Master Fours event in the prestigious Head of the Charles regatta. Head of the Charles is the largest 2 day rowing event in the world that takes place in Boston every year, attracting more than 11,000 active oarsmen from across the globe, including past and current Olympic and world champions. Shameek spent most of his rowing career with Calcutta Rowing Club, a Venables Bowl champion, represented Bengal (WBRA) in multiple national rowing events. About 5 years ago, he along with another of our rower Rishi Singh, represented Bengal Rowing Club in the Head of the Charles event, to mark the first time participation of an Indian club in the prestigious event.

Rishi Singh

Rishi Singh, a five time Macklin scull champion in ARAE in his young days has created history once again for himself and for The Bengal Rowing Club, by taking part in the World Rowing Masters Regatta, 2018 held at Sarasota, Florida from 27th -30th September.

FISA World Master Rowing Championship is arguably the most well-known and high profile club rowing event in the world.



The races were rowed down at the Nathan Benderson Park Lake and the minimum age of a rower was 27 to take part in this regatta. The first FISA Masters Regatta (now called the World Rowing Masters Regatta) for those aged 27+ took place in 1974 at Berne, Switzerland. Unlike other regattas run by World Rowing, Masters rowing events are held in crew age categories. The four day long regatta, with more than 360 clubs participating from all the continents had taken place at the picturesque Nathan Benderson Park Lake. (Continued on next page)

Rishi's Achievement

(from previous page)

This provided a unique and rare opportunity for BRC to participate at the international platform. The geographical condition of Sarasota makes it feasible and comfortable for Rishi to represent BRC in standalone and also in composite teams with the Atlanta Rowing Club. His preparations for this World regatta were underway for the past few months. He came 2nd in mixed 8s and 4th in Single Scull at the World Masters. Rishi started rowing way back in 1994 at CRC just like any other kid. He went for his first ARAE in 1997 held at Colombo representing CRC and bagged gold in the Macklin scull (1x) event. He has a record of winning both the Macklin Scull and the Venables Bowl (2-) for five times. He won the Phadnis trophy (2x) once and also the Willingdon trophy (4+) several times. His last Willingdon win was at Kolkata ARAE, 2007 representing BRC. Rishi lead the Bengal team at two Junior Nationals and won three gold medals in two years. In 1998, he went on to represent India at the Asian Junior Rowing Championship held at Seoul in the men's coxless pair where he and his partner Deep finished fifth.



Rishi's hardwork paid off at the World Master Rowing Championship when he bagged the second position in the mixed 8s event and fourth in the single scull event.



At the National Games' 99 he bagged gold in the 2000m single scull event, silver in the 500m single scull event and a bronze in 500m men's fours event. At Punjab National Games he won bronze in the men's double scull event and at the Hyderabad National Games he won silver in the same event.

During his college days representing Calcutta University, Rishi went on to create some records which shall remain unbreakable in the AIU rowing history. He represented Calcutta University for three years at the AIU Rowing Championship and won a total of seven gold, two silver and one bronze medal. All these three years Calcutta University was crowned the overall champions, which is still a record for Calcutta University for the maximum number of gold medals. After he shifted to the USA, he has been Masters National winner in multiple events in 2017. As Rishi said, "My only target in those days was to make club overall champion which would help me become the same. Winning an individual medal or an event was not fun for me and never will be. It has been a serious commitment and always remain the same,"

Social News

Eshan Dumra, son of Sumant & Munmun Dumra got married in October at Minnapolis USA. The reception was held at Kolkata on the 30th of December, bringing the year to an end on a happy note.



L to R: Giri Chaturvedi, Ashok Mehta, Elora Dumra, Eshan Dumra, Girish Phadnis, Sumant Dumra. Sitting: Sam Medora, Lala Chatterjee

UPCOMING EVENTS IN THE FIRST QUARTER OF 2019

- **77th ARAE & FEARA** at CME Pune January 7th to 12th
- **3rd Indoor Nationals** Pondicherry, Feb 22nd to 24th
- **Masters National** venue to be announced - March.

Did you know?

The oldest surviving rowing event is Doggett's Coat and Badge race, which was first contested in 1715 and is still held annually from London Bridge to Chelsea, on the River Thames.

We again request all, the state Secretariats and Affiliates to send information/articles to the RFI Secretariat well in time so that we could include the same in the newsletter.

Rowers overseas are also encouraged to keep the Indian Rowing Community informed of their involvement in Rowing activities overseas and look forward to hearing from you all in due course of time.

Please send your valuable feedback, comments and articles to sec.general.indiarowing@gmail.com

Thank you
Team RFI

Results follow...



 39TH JUNIOR NATIONAL ROWING CHAMPIONSHIPS 		BHOPAL, MADHYA PRADESH			02ND - 07TH OCTOBER, 2018	
RESULTS OF FINALS (1000 M)					6-Oct-18	
EVENT	POSITION	TIMING	STATES	ROWER NAMES		
Junior Women Single Scull	GOLD	4:13.96	ODISHA	RESHMA KUMARI MINZ		
	SILVER	4:13.98	MAHARASHTRA	MRUNMAYEE SALGAONKAR		
	BRONZE	4:14.84	KERALA	VARSHA. K. B		
	4TH	4:24.97	WEST BENGAL	AHONA MAJUMDER		
Junior Women Pair	GOLD	3:56.76	ODISHA	SONALI SWAIN	RITU KAUDI	
	SILVER	4:13.61	KERALA	VIJINAMOL B	JUNIA GRACE JIM	
	BRONZE	4:26.74	MANIPUR	M. MERINA DEVI	HEMAN ROSHNI DEVI	
	4TH	5:46.44	WEST BENGAL	SWARA POPAT	SUDARSHANA PATRA	
Junior Women Double Scull	GOLD	3:49.72	KERALA	ROSE MARIYA JOSHI	JESNA C J	
	SILVER	3:52.61	TELANGANA	B HEMALATHA	G GEETANJALI	
	BRONZE	3:53.62	MANIPUR	TH.PRIYA DEVI	HAOBIJAM ROSHNI DEVI	
	4TH	4:07.91	TAMIL NADU	JO THIKA B	TULSI SRIRAM	
Junior Women Coxless Four	GOLD	3:36.08	ODISHA	DEEPIKA XESS	RESHMA LAKRA	
				RECHAEL LAKRA	SOBITA SORENG	
	SILVER	3:43.35	KERALA	AMRUTHA D A	MEENAKSHI V S	
				SNEHA BIJU	SANJANA S KUMAR	
	BRONZE	3:55.38	MADHYA PRADESH	PRATUSHA JAIN	JYOTI KUSHWAHA	
				ANSHIKA BHARTI	MONIKA BHADORIA	
	4TH	4:13.13	MAHARASHTRA	NIKITA JADHAV	BHAGYASHRI CHAVAN	
				KOMAL BODKE	CHHAYA BODKE	
Junior Men Single Scull	GOLD	3:28.14	MADHYA PRADESH	MANGAL SINGH		
	SILVER	3:29.82	WEST BENGAL	PRATIK GUPTA		
	BRONZE	3:32.10	KARNATAKA	G TARUN KRISHNA PRASAD		
	4TH	3:36.39	BOYS SPORTS CO	NIKHIL KUMAR		
Junior Men Pair	GOLD	3:22.48	BOYS SPORTS CO	SANJAY	YOGESH KUMAR	
	SILVER	3:24.07	TELANGANA	B BALA KRISHNA	CHARAN SINGH KHETAWAT	
	BRONZE	3:27.54	HARYANA	RANJOT SINGH	RANBIR SINGH	
	4TH	3:28.50	MADHYA PRADESH	GOPAL THAKUR	YOGESH THAKUR	
Junior Men Double Scull	GOLD	3:14.64	MADHYA PRADESH	PRADHUMAN MANDLIOI	NITESH BHARDWAJ	
	SILVER	3:16.18	PUNJAB	SHAGANDEEP SINGH	ARVINDER SINGH	
	BRONZE	3:21.09	BOYS SPORTS CO	SANKET SANJAY PATIL	SUMIT RATHI	
	4TH	3:36.99	HARYANA	ROBIN	DEEPAK	
Junior Men Coxless Four	GOLD	3:13.57	PUNJAB	AKASHDEEP SINGH	KARAM CHAND	
				AMANDEEP SINGH	SHAWINDER SINGH	
	SILVER	3:16.61	HARYANA	GURJOVANJOT SINGH	HIMANSHU BHALLA	
				JAGMEET SINGH	SUKHBIR SINGH	
	BRONZE	3:18.86	MADHYA PRADESH	KULSHRESHTHA	AJAY SINGH	
				VIJAY PAL SINGH	PRINCE NASHIER	
	4TH	3:56.17	BOYS SPORTS CO	MOHIT NAIN	NARPENDER	
				VISHAL KUMAR	ANKUSH TOMAR	



37TH SENIOR NATIONAL ROWING CHAMPIONSHIPS					
Army Rowing Node, Pune, Maharashtra, India 17th – 23rd December 2018					
FINAL RESULTS (2000 M) - 21-Dec-2018					
EVENTS	POSITION	TIMINGS	STATE	ROWERS NAME	
Women's Single Scull (W1X)	GOLD	8:47.92	PUNJAB	NAVNEET KAUR	
	SILVER	8:53.74	ODISHA	SANJUKTA DUNG DUNG	
	BRONZE	9:09.19	UTTAR PRADESH	KIRAN DEVI	
	4TH	9:18.96	ASSAM	NAFISA SADIQ	
	5TH	9:21.34	MADHYA PRADESH	VIDHYA SANKAT	
	6TH	9:32.44	TELANGANA	B HEMALATHA	
Women's Pair (W2-)	GOLD	8:11.56	MADHYA PRADESH	SONA KEER	RUKMANI DANGI
	SILVER	8:26.27	HARYANA	ANNU	AVINASH
	BRONZE	8:43.06	KERALA	VJUNA M L B	SANJANA S KUMAR
	4	8:43.46	ODISHA	MANISHA KISPOTTA	PRICILA BAXLA
Women's Double Scull (W2X)	GOLD	8:04.31	ODISHA	RESHMA KUMARI MINZ	MANJULA XESS
	SILVER	8:09.06	PUNJAB	AMANJOT KAUR	HARMANPREET KAUR
	BRONZE	8:21.34	CHANDIGARH	MONALISA MOHANTY	POOJA
	4	8:38.86	ANDAMAN & NICOBAR	REENA KUMARI	B ANANDHI
Women Coxless Four (W4-)	GOLD	7:39.17	ODISHA	DEEPIKA XESS SONALI SWAIN	JHARANA HASTI RITU KAUDI
	SILVER	7:44.87	KERALA	ROSE MARIYA JOSHI SNEHA BIJU	MEENAKSHY V S AMRUTHA D A
	BRONZE	8:04.39	MANIPUR	M CHEIYA DEVI M MERINA DEVI	A MONIKA DEVI H ROSHNI DEVI
	4	8:13.60	CHANDIGARH	AMRIT PAL KAUR MAMTA JENA	ANJALI RAJ NEETHUMOL GS
	Men's Single Scull (M1X)	GOLD	7:20.11	ARMY SPORTS CONTROL BOARD	BITTU SINGH
SILVER		7:23.44	SERVICES SPORTS CONTROL BOARD	BEANT SINGH	
BRONZE		7:27.75	HARYANA	SONU	
4TH		7:34.10	DELHI	RAU PATTIDAR	
5TH		7:42.21	PUNJAB	DALJIT SINGH	
6TH		7:52.58	MAHARASHTRA	SANGRAM APUGADE	
Men's Pair (M2-)	GOLD	7:01.13	SERVICES SPORTS	NEETISH KUMAR	GURMEET SINGH
	SILVER	7:03.74	ARMY SPORTS CONTROL BOARD	JASVEER SINGH	HARINDER SINGH
	BRONZE	7:11.74	DELHI	BHUPENDER	JITENDRA KUMAR
	4TH	7:16.52	MADHYA PRADESH	TAJINDER SINGH	AJEET KUMAR YADAV
	5TH	7:19.22	PUNJAB	GURJANT SINGH	HARWINDER SINGH
	6TH	7:31.22	HARYANA	JAGDEEP SINGH	MANINDER SINGH
Men's Double Scull (M2X)	GOLD	6:47.10	ARMY SPORTS CONTROL BOARD	ROOPENDER SINGH	SUNIL ATTRI
	SILVER	6:51.13	SERVICES SPORTS CONTROL BOARD	ARVIND RANA	JAKAR KHAN
	BRONZE	6:56.38	TELANGANA	NIJIL PM	SHOKINDER TOMAR
	4	7:11.74	UTTAR PRADESH	PREM SHANKAR	RAJNARAYAN
Men's Lt. Wt. Double Scull (LM2X)	GOLD	6:40.96	SERVICES SPORTS CONTROL BOARD	ARVIND SINGH	ARJUN LAL JAT
	SILVER	6:46.19	ARMY SPORTS CONTROL BOARD	B. NAYAB RASOOL	JOBIN M D
	BRONZE	6:46.44	HARYANA	MONU	DEEPAK
	4TH	7:02.95	TELANGANA	RAKESH VERMA	ADHARSH P
	5TH	7:09.48	MADHYA PRADESH	MANVEER SINGH	CHETAN
	6TH	7:29.15	CHANDIGARH	L DIKBIJOY SHARMA	PREDHUMAN SINGH
Men's Coxless Four (M4-)	GOLD	6:18.54	ARMY SPORTS CONTROL BOARD	SUCHCHA SINGH TOMER PUNIT KUMAR	KHUSPREET SINGH CHARANJEET SINGH
	SILVER	6:20.50	SERVICES SPORTS CONTROL BOARD	RAHUL GIRI KARANJULE VIKAS	ATUL KUMAR VIKRAM SINGH
	BRONZE	6:27.99	DELHI	RAMKISHOR GOUYA HANUMAN	SURENDRA SAMOTA DHAN SINGH
	4	6:45.01	UTTAR PRADESH	MALKHANN SINGH AKHILESH SOLANKI	RAMAN YADAV KAPIL SHARMA
	Men's Double Scull (Civilian) (MCV2X)	GOLD	7:04.10	HARYANA	HARVINDER SINGH CHEEMA
SILVER		7:04.77	MAHARASHTRA	SANKET PATIL	PARMINDER SINGH
BRONZE		7:16.88	MADHYA PRADESH	MANGAL SINGH	NITESH BHARDWAJ
4		7:39.94	PUNJAB	GURMEET SINGH	SHAGANDEEP SINGH
Men's Coxless Four (Civilian) (MCV4-)	GOLD	6:39.82	MADHYA PRADESH	MANAS SHARMA ROHIT SENDHAV	VIJAYPAL SINGH SUNIL PRAJAPATI
	SILVER	6:42.05	HARYANA	RANJOT SINGH JAGMEET SINGH	SATNAM SINGH RANBIR SINGH
	BRONZE	6:44.53	UTTARAKHAND	KUNAL SANJAY	NARPENDER YOGESH KUMAR
	4	7:11.74	PUNJAB	VIPAN KAMBOJ PARDEEP MEENA	NAVDEEP SINGH MANGAL SINGH

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37TH SENIOR NATIONAL ROWING CHAMPIONSHIPS					
Army Rowing Node, Pune, Maharashtra, India 17th – 23rd December 2018					
FINAL RESULTS (500 M) - 22-Dec-2018					
EVENTS	POSITION	TIMINGS	STATE	ROWERS NAME	
Women's Single Scull (W1X)	GOLD	1:54.01	ASSAM	NAFISA SADIQ	
	SILVER	1:54.70	KARNATAKA	MALVIKA SURENDRA PAI	
	BRONZE	1:55.49	UTTAR PRADESH	KIRAN DEVI	
	4TH	1:59.73	ODISHA	RESHMA KUMARI MINZ	
	5TH	2:00.78	PUNJAB	HARMANPREET KAUR	
	6TH	2:03.11	MANIPUR	N LAKSHMI DEVI	
Women's Pair (W2-)	GOLD	1:47.85	MADHYA PRADESH	SONA KEER	RUKMANI DANGI
	SILVER	1:50.08	ODISHA	SONALI SWAIN	RITU KAUDI
	BRONZE	1:52.43	CHANDIGARH	PRIYADARSHNI RAUT	T RANJANA DEVI
	4	1:55.49	KARNATAKA	MEGHANA MOHAN	NISHITHA D.
Women's Double Scull (W2X)	GOLD	1:44.89	PUNJAB	BEANT KAUR	NAVNEET KAUR
	SILVER	1:45.35	CHANDIGARH	MONALISA MOHANTY	POOJA
	BRONZE	1:46.47	ODISHA	SANJUKTA DUNG DUNG	MANJULA XESS
	4	1:50.92	MADHYA PRADESH	MANEESHA PATLE	KARUNA DEVI
Women Coxless Four (W4-)	GOLD	1:41.84	KERALA	ROSE MARIYA JOSHI SNEHA BIJU	MEENAKSHY V S AMRUTHA D A
	SILVER	1:42.78	CHANDIGARH	AMRITPAL KAUR MAMTA JENA	ANJALI RAJ NEETHUMOL G S
	BRONZE	1:43.87	HARYANA	PRIYA POOJA	ANNU HARPREET
	4	1:46.29	KARNATAKA	KEERTHANA. T.K. JYOTHI C.P.	SNEHA S. DEEPA M.
Men's Single Scull (M1X)	GOLD	1:34.97	PUNJAB	DALJIT SINGH	
	SILVER	1:35.88	SERVICES SPORTS CONTROL BOARD	ARVIND SINGH	
	BRONZE	1:36.58	MADHYA PRADESH	SALEEM KHAN	
	4TH	1:37.33	ARMY SPORTS CONTROL BOARD	BITTU SINGH	
	5TH	1:38.53	JHARKHAND	GURJANT SINGH	
	6TH	1:39.37	TELANGANA	ASRAR PATIL	
Men's Pair (M2-)	GOLD	1:28.59	ARMY SPORTS	JASVEER SINGH	HARINDER SINGH
	SILVER	1:29.65	SERVICES SPORTS CONTROL BOARD	NEETISH KUMAR	GURMEET SINGH
	BRONZE	1:30.90	MADHYA PRADESH	TAJINDER SINGH	AJEET KUMAR YADAV
	4TH	1:31.74	DELHI	BHUPENDER	JITENDRA KUMAR
	5TH	1:33.56	TELANGANA	D SAIRAJU	T SUNIL
	6TH	1:36.69	KARNATAKA	SANTHOSH POTALA	D.V. REDDY
Men's Double Scull (M2X)	GOLD	1:27.91	TELANGANA	NIJIL PM	SHOKINDER TOMAR
	SILVER	1:29.14	ARMY SPORTS CONTROL BOARD	ROOPENDER SINGH	SUNIL ATTRI
	BRONZE	1:30.38	UTTAR PRADESH	PREM SHANKAR	RAJNARAYAN
	4	1:32.75	SERVICES SPORTS CONTROL BOARD	ARVIND RANA	JAKAR KHAN
Men's Lt. Wt. Double Scull (LM2X)	GOLD	1:27.52	ARMY SPORTS CONTROL BOARD	B. NAYAB RASOOL	JOBIN M D
	SILVER	1:28.92	SERVICES SPORTS CONTROL BOARD	AJITH KUMAR S	ARJUN LAL JAT
	BRONZE	1:30.92	KARNATAKA	D. RAJESH	SAGAR S. KODE
	4TH	1:30.98	HARYANA	MONU	DEEPAK
	5TH	1:33.12	MADHYA PRADESH	MANVEER SINGH	CHETAN
	6TH	1:37.15	INDIAN NAVY SPORTS CONTROL BOARD	NIKHIL GOLIYAN	ERVA SATISH
Men's Coxless Four (M4-)	GOLD	1:21.00	SERVICES SPORTS CONTROL BOARD	RAHUL GIRI KARANJULE VIKAS	ATUL KUMAR VIKRAM SINGH
	SILVER	1:21.91	ARMY SPORTS CONTROL BOARD	SUCHCHA SINGH TOMER PUNIT KUMAR	KHUSHPREET SINGH CHARANJEET SINGH
	BRONZE	1:24.14	MADHYA PRADESH	SURENDRA KUMAR JITRAWAL AMIT KUMAR	SACHIN KUMAR BHANU PRATAP SINGH
	4	1:25.74	KARNATAKA	PANDURANG M. KOTTUR SAMY K	KARTHICK C. K NAVEEN
Mixed Double Scull (MW2X)	GOLD	1:34.17	PUNJAB	SAWARN SINGH	
	SILVER	1:34.51	HARYANA	DUSHYANT	
	BRONZE	1:36.43	TELANGANA	B HEMALATHA	
	4	1:37.43	KARNATAKA	GUTTA TARUN KRISHNA PRASAD	
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