



Version 1 dt 25.11.14

35th National Games – Kerala

30th January – 06th February, 2015

Vembanad Lake Alappuzha, Kerala

R A C E B U L L E T I N

R O W I N G





I. SPORTS ORGANISATIONS

1) Indian Olympic Association (IOA)

President Mr. N.Ramachandran
Secretary General Mr. Rajiv Mehta
Address Olympic Bhavan, B-29, Qutub Institutional Area,
New Delhi - 110016
Telephone 011-26852480 ~ 84
Fax 011-26852386
Email ioa@olympic.ind.in / ioa@nde.vsnl.net.in
www.olympic.ind.in

2) Rowing Federation of India (RFI)

President Mrs. Rajlaxmi Singh Deo
Secretary General Mr. M.V.Sriram
Address RFI Secretariat, Old No. 7, New No 15, Sriram Colony,
Alwarpet, Chennai – 600018 - Tamilnadu.
Telefax 044-24996904 / + 91 98400 89429
Email sec.general.indiarowing@gmail.com
www.indiarowing.com

3) Kerala Race Boats & Amateur Rowing Association (KERBARA)

President Mr. P A Hamza
Hon-Secretary Mr. Sreekumara Kurup
"Manjusha", Chathanadu
Alleppey - 688 001 - Kerala
+91 9447135152 / 8606416632





II. COMPETITION INFORMATION

1. DATES

The Rowing competition of the 35th National Games will be held from 30th January to 06th February, 2015 for Men & Women.

2. VENUE

2.1 Competition

The Rowing competition will take place at Vembanad Lake, Alappuzha, Kerala

3. EVENTS

The Rowing competition will consist of the following events. (Men: 10 events, Women: 8 events)

EVENTS	2000 MTS		500 MTS	
	MEN	WOMEN	MEN	WOMEN
Single Sculls				
Light Weight Double Sculls				
Double Sculls				
Coxless Pairs				
Coxless Fours				
Coxed Eights				





4. COMPETITION SCHEDULE

Competition Day	Date	Time	Event	Events	Distance
~	30 th Jan '15	Full day	Arrivals & Practice on Regatta Course	M & W	2000 M & 500 M
~	31 th Jan '15	15:00	Practice, Jury & Team Manager's Meeting & Draws	M & W	2000 M & 500 M
ONE	01 st Feb '15	Full Day	2000 M Heats & Repechages	M & W	2000 M
TWO	02 nd Feb '15	9:00 - 12:00	2000 M Semifinals	M & W	2000 M
		14:00 - 17:00	2000 M FINALS	M & W	2000 M
THREE	03 rd Feb '15	Full day	Course Realignment + 500 M Heats	M & W	500 M
FOUR	04 th Feb '15	9:00	500 M Heats & Repechages	M & W	500 M
FIVE	05 th Feb '15	9:00 - 12:00	500 M Semi Finals	M & W	500 M
		14:00 - 17:00	500 M FINALS & Prize Distribution	M & W	500 M
~	06 th Feb '15	Full Day	Departures		





This schedule is tentative and subject to change.

5. PARTICIPANTS

Only competitors who qualify under the National Games Rules of the IOA are eligible for taking part in the Rowing competition.

6. ENTRIES

6.1 Preliminary Entry

Last date of Registration of Players is 30th November, 2014. RFI selects the States and Boats from each state in the National Rowing Championship for competition for Kerala National Games and submits the names of the States to Kerala National Games Organizing Committee (KNGOC) by **15-12-2015**. RFI will send a copy of the entry form to the States qualified, to the State Olympic Associations affiliated to IOA and to IOA.

6.2 Final Entry

The Rowing Associations must send an advance copy of final entry to RFI to check eligibility based on options exercised by rowers. Late entries will not be accepted. Last date for submission of Final Entry Form is **30st December, 2014**

6.3 Competition will not be held in a particular event if the number of participating teams is less than Three (3).





7. COMPETITION REGULATIONS

- 7.1** The Rowing competition shall be held according to the regulations of FISA and RFI. In case of a disagreement on the decisions of the Judges the cases will be referred to the Board of Jury of appeal. The issues related to the eligibility for participation are referred to IOA for settlement.
- 7.2** No boat scores will be counted.
- 7.3** The competition will be held in a six (6) lane, buoyed and marked course, with movable / fixed starting platforms.
- 7.4** All lightweight Rowers must weigh-in between 2 hours and 1 hour before their first heat of each event on each day of racing. Weighting in will be in racing singlet and shots, without shoes.

7.4.1 Weight of Categories

Event	Category	Individual Weight	Crew Average
Men	Lightweight	72.5kg max.	70kg max.





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7.5 Maximum Rowers each state can field are as follows: -

Maximum Team Strength-Men→ 19 [13 rowers + 1 cox + 3 reserves (1 for sculls & 2 for sweeps - 1 stroke side and 1 bow side) + 1 manager + 1 coach = 19 team strength]

Maximum Team Strength-Women→ 14 [9 rowers + 3 reserves (1 for sculls & 2 for sweeps - 1 stroke side and 1 bow side) + 1 manager + 1 coach = 14 full team strength]

Only officially accredited rowers, coaches, managers & technical Officials will get accommodation in the games village.

7.6 No doubling within Sculling and Sweep events. Tripling not allowed. National Games open only to 'Indian Nationals'. RFI & Government of India & NG Rules regarding Eligibility applies.

7.7 Age Restriction: - Rowers who are below 18 and above 15 will be allowed only in 500 meters.

7.8 The draw for preliminary heats will be carried out at the Team Managers meeting. The progression system will be on the six (6) lane repechage. Draws will be held for boats and lanes for each day of racing. For the Men's Eights [M8+] it three (3) lane racing.

8. EQUIPMENT & CLOTHING

8.1 Equipment and Rowing boats must follow the regulations of FISA and RFI and will be provided by the Organizing committee of the Games. All States are required to bring their own oars and sculls, with the oar blades painted in the respective State colors.

All participants will be uniformly dressed in their respective state colors. Caps if worn, will be of the same color, and will be worn by all members of the crew.





Minimum Boat Weights

Boat	1 X	2 X	2-	4-	8+
Minimum Weight	14	27	27	50	96

8.2 All Boats are World Class Committee Boats.

9. MEDICAL

KNGOC will provide medical facilities in the Games village and at the Venue of Competition.

9.1 Doping Control

Doping Control Test shall be carried out in accordance with IOA Medical Commission rules.

9.2 Gender Verification

Gender Verification Test shall not be applied to every women competitor, but when an occasion demands, it will be conducted.

10. ACCOMODATION & FOOD

KNFOC will take care of the accommodation and food for the participants, coaches and managers who are officially in the team and the technical officials. Only accredited people will be allowed into the games village. Rs. 500.00 per person (refundable caution deposit) to be paid in cash by all rowers, coaches, managers and technical officials on arrival at the village, to the Organizing authorities.





III. MANAGEMENT

1. COMPETITION MANAGEMENT

RFI in association with Kerala Race Boats & Amateur Rowing Association is responsible for conducting the Rowing Competitions of the National Games.

2. TECHNICAL OFFICIALS

2.1 All Technical Officials and the Jury numbering 50 (40+10) shall be appointed by RFI and KERBARA.

2.2 The Regatta steering commission shall be composed of representatives of the RFI, KERBABA and KNGOC.

3. PROTEST

Protest, if any, shall be lodged within 30 minutes of the event with the President of Jury along with a protest fee of Rs. 1000/-. Protest form is available with the President of Jury.

4. UNIFORM

During the competition, competitors of the same crew must wear uniforms with the colors of their State Olympic Association.





5. COMMENDATION

5.1 Victory Ceremonies

The victory ceremony will take place after the finals of each category of races i.e. after 2000M and 500M Finals at the Venue of competition. The Medal winners shall wear the Tracksuit of the State Olympic Association for the Kerala National Games at the time of victory ceremony.

5.2 Prizes

- First Prize: **Gold Medal** and **Diploma** for each Rower of the winning crew.
 Second Prize: **Silver Medal** and **Diploma** for each Rower of the crew placed second.
 Third Prize: **Bronze Medal** and **Diploma** for each Rower of the crew placed third.

Medals			
	Gold	Silver	Bronze
Men	36	36	36
Women	18	18	18

5.3 Medals for Presentation

MEN	GOLD	SILVER	BRONZE	Total Medals
2000 mts	18	18	18	54
500 mts	18	18	18	54
Totals	36	36	36	108
WOMEN	GOLD	SILVER	BRONZE	
2000 mts	9	9	9	27
500 mts	9	9	9	27
Totals	18	18	18	54
				162





IV. MEETINGS

- 1) Teams Manager's & Jury meeting and Draws will be held on **31-01-2015 at 3.00 p.m.** at Championships' Site, Vembanad Lake, Alappuzha near Venue of the Competition. Draws will be made during the Team Managers Meeting.
- 2) Jury meeting after the Team managers meeting on all days of racing. These meetings will be held thirty (30) minutes after the start last race of the day.
- 3) DIRECTOR OF COMPETITION will attend the meeting of the Teams Manager and Technical officials to apprise them of the arrangements made at Competition venue.

V. APPROVAL OF TECHNICAL HANDBOOK.

This Technical Handbook was approved for circulation by the RFI on 25-11-2014.

General Information

- 1) Office of the Organizing Committee and IOA are located at the Games village at Trivandrum.
- 2) RFI Technical Delegate: **Shri C.P.Singh Deo → +91 9618882577**
- 3) Director of Competition: **Shri M V Sriram → +91 9800 89429**
- 4) President of Jury: **Shri Naren Kothari → +91 9422502901 / 9960669355**
- 5) Rowing Teams
 - **Arrival** - **30-01-2015**
 - **Departure** - **06-02-2015**





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6) National Games Championship points:

Individual Events	
First Place	4 [Four Points]
Second Place	3 [Three Points]
Third Place	2 [Two Points]
Fourth Place	1 [One Point]
Team Games & Relay	
First Place	10 [Ten Points]
Second Place	8 [Eight Points]
Third Place	6 [Six Points]
Fourth Place	4 [Four Points]

- 7) Raja Bhalendra Singh trophy will be awarded to a State/UT that scores the highest number of points in the National Games.
- 8) IOA Trophy will be presented to a Male and Female participants adjudged as the best Sports person of the National Games.
- 9) Temperature during the Games will be max of 32°C and weather is high on humidity and heat.
- 10) Elevation of Alappuzha is an average of 1 meter above mean sea level



M.V.Sriram
Secretary-General

