



22nd Open Sprint National Rowing Championships - 2019

02nd to 7th December 2019

FINAL RESULTS (500 M) - 7 Dec 2019

EVENTS	POSITION	TIMING	STATE	ROWERS NAME
Women's Single Scull (W1X)	GOLD	1:59.53	ODISHA	SANJUKTA DUNGUNG
	SILVER	1:59.83	BIHAR	YAMINI SINGH
	BRONZE	2:03.56	HARYANA	ANNU CHAHAL
	4th	2:07.88	MADHYA PRADESH	ANSHIKA BHARTI
Women's Pair (W2-)	GOLD	1:53.48	ODISHA	PRAMILA PRAVA MINZ
	SILVER	1:56.00	MAHARASHTRA	BHAGYASHRI CHAVHAN
	BRONZE	1:56.41	MADHYA PRADESH	SONA KEER
	4th	1:56.86	HARYANA	PARMINDER KAUR
Women's Double Scull (W2X)	GOLD	1:55.38	HARYANA	AVINASH KAUR
	SILVER	1:57.13	ODISHA	SONALIKA DAS
	BRONZE	1:57.53	ANDAMAN & NICOBAR ISLAND	AMRITA MINJ
	4th	2:00.95	KERALA	ADITHYA J
Women Coxless Four (W4-)	GOLD	1:47.36	KERALA	ARYA P S
	SILVER	1:47.59	CHANDIGARH	ASWATHY P B
	BRONZE	1:48.41	MADHYA PRADESH	AMRITPAL KAUR
	4th	1:48.99	HARYANA	AMRITA MINJ
				HARPREET KAUR
Men's Single Scull (M1X)	GOLD	1:37.44	SERVICES SPORTS CONTROL BOARD	BITTU SINGH
	SILVER	1:39.13	ARMY SPORTS CONTROL BOARD	JAKAR KHAN
	BRONZE	1:40.83	DELHI	MANJEET SINGH
	4th	1:43.57	JHARKHAND	GURJANT SINGH
Men's Pair (M2-)	GOLD	1:32.84	SERVICES SPORTS CONTROL BOARD	PUNIT KUMAR
	SILVER	1:34.13	ARMY SPORTS CONTROL BOARD	MANPREET SINGH
	BRONZE	1:35.69	UTTAR PRADESH	AKSHAT
	4th	1:41.40	MADHYA PRADESH	MANMOHAN
Men's Double Scull (M2X)	GOLD	1:31.60	SERVICES SPORTS CONTROL BOARD	SUKHMEET SINGH
	SILVER	1:32.77	ARMY SPORTS CONTROL BOARD	ROOPENDRA SINGH
	BRONZE	1:34.10	TELANGANA	NIJIL PM
	4th	1:35.73	DELHI	RAVI N
Men's Lt. Wt. Double Scull (LM2X)	GOLD	1:31.97	SERVICES SPORTS CONTROL BOARD	SUNIL ATTRI
	SILVER	1:32.78	ARMY SPORTS CONTROL BOARD	ARJUN LAL JAT
	BRONZE	1:33.36	PUNJAB	BEANT SINGH
	4TH	1:37.38	TELANGANA	ADHARSH PERUMBALATH
Men's Coxless Four (M4-)	GOLD	1:25.41	SERVICES SPORTS CONTROL BOARD	TEJASH HANAMANT SHINDE
	SILVER	1:28.40	ARMY SPORTS CONTROL BOARD	BHUPENDER GHANGHAS
	BRONZE	1:28.78	MADHYA PRADESH	BHOPAL SINGH
	4th	1:29.10	INDIAN NAVY SPORTS CONTROL BOARD	JAGVIR SINGH
				ABHISHEK
Mixed Double Scull (MW2X)	GOLD	1:40.79	ODISHA	KARANBIR SINGH BHINDER
	SILVER	1:41.17	TELANGANA	JOBIN MD
	BRONZE	1:42.26	HARYANA	PARMINDER SINGH
Men's Coxless Four (Civilians) (MCV4-)	GOLD	1:29.43	PUNJAB	GURKANWAL SINGH DHALIWAL
	SILVER	1:32.18	MADHYA PRADESH	SARBJEET SINGH
	BRONZE	1:33.39	TELANGANA	GOPAL THAKUR
				MANASH SHARMA

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