



**BULLETIN NO. 1**

**8th Indoor National Rowing Championships**

**26th ~ 30th April 2025**

**Organized and hosted by:**

**KERALA RACE BOATS & AMATEUR  
ROWING ASSOCIATION**

**On behalf of:**

**THE ROWING FEDERATION OF INDIA**

**CONTACTS:**

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**SECRETARY GENERAL**

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**ORGANIZING COMMITTEE**

CHAIRMAN

Name: - TBA

**ORGANIZING SECRETARY**

Name: - TBA

Email: - TBA

Mob: - TBA

**President of Jury & Jury Members**

**Jury Team**

**TBA**

**Technical Team**

**TBA**

## 1. Date and Place

1.1 Competitions will be held at **Alappuzha, Kerala** from the **26th to the 30th of April 2025**.

## 2. Events

### 2A. Senior Events - Open & Light Weight

<b>OPEN EVENTS</b>		<b>LIGHT WEIGHT EVENTS</b>	
<b>MEN</b>	<b>WOMEN</b>	<b>MEN</b>	<b>WOMEN</b>
Individual 2000M	Individual 2000M	Individual 2000M	Individual 2000M
Pairs 2000M	Pairs 2000M	Pairs 2000M	Pairs 2000M
Mixed Fours 500M		Mixed Fours 500M	

### 2B. Junior Events

<b>JUNIOR MEN</b>	<b>JUNIOR WOMEN</b>
Individual 2000M	Individual 2000M
Pairs 2000M	Pairs 2000M
Mixed Fours 500m	

### 2C. Sub Junior Events

<b>SUB JUNIOR BOYS</b>	<b>SUB JUNIOR GIRLS</b>
Individual 500M	Individual 500M
Pairs 500M	Pairs 500M
Mixed Fours 500M	

### 2D. PARA-PR3-Events

<b>MEN</b>	<b>WOMEN</b>
Individual 2000M	Individual 2000M

**CONDITIONS:**

- 2.1 DOUBLING WILL BE ONLY PERMITTED IN THE MIXED 500 MTRS EVENTS**
- 2.2 MIXED FOURS EVENT WILL CONSIST OF 2 MEN AND 2 WOMEN ENTRIES**
- 2.3 ELIGIBILITY: - JUNIORS**  
**A ROWER BORN ON OR AFTER 1ST of JANUARY 2007 IS ELIGIBLE TO PARTICIPATE IN THE JUNIOR EVENTS.**
- 2.4 ELIGIBILITY: -**  
**SUB-JUNIORS**  
  
**A ROWER BORN ON OR AFTER 1ST JANUARY 2010 IS ELIGIBLE TO PARTICIPATE IN THE SUB JUNIOR EVENTS.**
- 2.5 EACH EVENT CAN HAVE “A” AND “B” ENTRIES FROM AFFILIATES.**
- 2.6 NO DOUBLING BETWEEN A & B TEAMS**
- 2.7 A SUB-JUNIOR CANNOT PARTICIPATE IN JUNIOR OR SENIOR EVENTS.**
- 2.8 A JUNIOR CANNOT PARTICIPATE IN SENIOR EVENTS.**

**3. Eligibility**

- 3.1 Indoor National Rowing Championships are open to All Affiliates of RFI.
- 3.2 Any Organization or Institution to which the Federation has granted affiliation as an Associate Member.
- 3.3 Only ‘Nationals of India’ – i.e. ‘Citizens of India’ will be eligible to participate in these Championships. ‘National of India’ shall mean and include a person as defined in Chapter II of the Constitution of India, who is a full-fledged Citizen of India, holding an Indian Passport
- 3.4 Explanation of “National of India”  
Holder of a Foreign Passport, Dual Citizenship will not be considered as a ‘National of India’. A ‘Person of India Origin’ [PIO] or ‘Overseas Citizen of India’ [OCI] not eligible to participate in Races conducted by / under the aegis of the RFI.

## 4. Entries

- 4.1 Preliminary entry form to be submitted by the **1st of Apr 2025**. Same to email and send it to the “Organizing Secretary’s” email id and mark a copy to RFI Secretariat’s email id.
- 4.2 Final Entry (Entry by name) must be received by the Organizing Secretary on or before the **14th of Apr 2025**. The Final Entry must include the names and RFI registration RFI ID Card Number.
- 4.3 All entries must be submitted in the official forms attached herewith only with RFI Recognized President / Secretaries’ Signature & Association stamp.
- 4.4 If there are corrections and over writings, the same must be attested with signature & stamp of the President / Secretary concerned.
- 4.5 Two entries permitted per event in both Senior open and light weight & Junior and Sub Junior Categories from each Affiliate.
- 4.6 **DOUBLING WILL BE ONLY PERMITTED IN THE MIXED 500 MTRS EVENTS in same category.**

### Detailed Procedure for Entry Submission

- 4.6 Take a printout. Secretary of State Association to rubber stamp and sign the form.
- 4.7 Scan the Entry Form and email it to Organizing Secretary’s email id and mark a copy to RFI Secretariat’s email id.
- 4.8 Bring this original Entry Form to Championship venue and hand it over personally to the Organizing Secretary / President of Jury.

**Note:** a) Change of names of rowers will be accepted till **26th of April 2025 or before** the draws are made by the Jury.

## 5. Rules and Regulation

- 5.1 The format of the Pairs & four mixed events is 2 or 4 rowers rowing in 2,000/500 Mtrs at the same time on Individual machines with result assessed on the cumulative score of the rowers.
- 5.2 Lightweight men must be **75.0 Kg** or under and women **61.5 Kgs**.

**The Rowing Federation of India**

- 5.3 For senior category minimum age limit is 16 years and above.
- 5.4 The format of the Mixed four events is 2 male rowers and 2 women rowers rowing 500 Mtrs at the same time on individual machines with result assessed on the cumulative score of the rowers.
- 5.5 Competitors must wear official State Team uniform as registered with R.F.I. The competition will be conducted in accordance with the RFI Rules of Racing.
- 5.6 All teams must wear their racing uniforms as per the officially approved colors. Teams violating this rule will not be permitted to participate in the races.

**6. Schedule**

<b>SCHEDULE</b>	
Saturday 26th April 2025	<b>Arrival of teams</b> , Practice, Jury Meeting, Coaches / Managers Meeting & Draws.
Sunday 27th April 2025	Opening Ceremony Races & Medal Ceremony
Monday 28th April 2025	Races and Medal ceremony
Tuesday 29th April 2025	Races and Medal ceremony
Wednesday 30th April 2025	<b>Departure</b>

The schedule is subject to change.

Changes, if any, will be informed to all Associations.

**7. Association Flag**

The teams are requested to bring their Association Flag.

**8. Equipment**

- 8.1 **Concept2 Model D** Rowing ergometers with **PM5** monitors will be used.
- 8.2 Teams will be responsible for the breakages and damages to the equipment provided by the organizers. The decision of the Jury will be final in determining the extent of damage and cost to be paid.

## **9. Participation Fee**

- 9.1 There will be a 'Participation Fee' of Rs. 1000.00 per event per Participant from all Participants. **(If doubling in another event, an extra fee of 500/- has to be paid)**

### **Note:**

**2025 Asian Rowing Indoor Championships is taking place from 26th to the 31st of May 2025, at Pattaya, Thailand.**

**INDIA Team will be selected from Medal Winners / Best Time Achievers for the 2025 Asian Rowing Indoor Championships from this Nationals.**

## **10. Transportation & Accommodation.**

- 10.1 There is no transportation from station to place of accommodation and place of accommodation to the venue and back etc.
- 10.2 Organizing Committee will not be providing Official Boarding, Lodging and local transportation.
- 10.3 However Organizing Committee has planned for some boarding and lodging for interested teams. Each team can contact them directly and coordinate with them based on your requirements.
- 10.4 Nearest Railway station is **"Alappuzha", well connected by all trains in Kerala.**

## **11. Appeals**

- 11.1 All appeals shall be dealt with in accordance with RFI Rules of Racing.

## **12. Medals and Certificates**

- 12.1 Medals and Certificates will be presented to first three winners in each event and Participation Certificates will be issued as per the qualifying provisions laid down by RFI.



## **13. 2025 Asian Rowing Indoors Championships at Pattaya, Thailand-26th~31st May 2025.**

- 13.1 The 8th Indoor National Rowing Championships is the official Selection Championships for the above 2025 Asian Rowing Indoors Championships at Pattaya, Thailand.
- 13.2 After the Finals, INDIA Team will be finalized from amongst “The Medal Winners”, by RFI Selection Committee depending on their performance and timings.
- 13.3 The Selected Team have to make their own arrangements to proceed to Pattaya to participate in the Championships.
- 13.4 So individual association must support and help their Selected Team Members to participate in the above Asian Indoor Championships.
- 13.5 All Selected Team Members must submit a **“Willingness to Participate”** form by 29th April evening 2025 after the Prize Distribution to the ‘President of Jury’ to be eligible for Selection.
- 13.6 Based on your willingness RFI Selection Committee will select and Announce the final INDIA Team.

## **14. Masters**

- 14.1 RFI has decided to enter eligible **Master Rowers** in the various categories in the Masters Events of the 2025 Asian Rowing Indoor Championships at Pattaya, Thailand.

### **Eligibility Criteria and Selection Procedure:**

#### **14.3 Eligibility Criteria**

- 14.3.1 Kindly follow bulletin issued by Organizing Committee of the 2025 Asian Rowing Indoor Championships at Pattaya, Thailand regarding eligibility. You can see the bulletin uploaded to our website soon.
- 14.3.2 All Selected Masters must make their own arrangements to proceed to Pattaya at their own cost.

**14.4 Selection Procedure:**

- 14.4.1 Interested Masters to submit names to their respective State Secretaries.
- 14.4.2 **State Secretaries** must organize selection in a common place where Concept 2 ergometer is available with a good PM5 monitor.
- 14.4.3 Each Interested Master can come at a mutually agreed date & time and give selection.
- 14.4.4 **Selections to be completed by 10th April 2025** and result sheet must be signed by the respective secretaries and two eminent sports persons “present physically during the trials”.
- 14.4.5 Video clip of the trials of each participant with the two eminent sports men must be emailed to RFI’s Secretariat.
- 14.4.6 Individual video clips must be Named with the participants Name, as it should appear in the entry form.
- 14.4.7 Distance for selections is 2000 meters
- 14.4.8 Only “Singles” entry allowed.
- 14.4.9 The whole selection must be captured in video format, in a mobile phone and shared along with the result sheet to the Secretary’s Generals official email ID by **10.04.2025**.
- 14.4.10 RFI Selection Committee will decide the final qualifiers and notify final Masters’ Team and publish the same.
- 14.4.11 Only those willing to fund and proceed to Pattaya, Thailand if selected, need participate in the Selections.
- 14.4.12 Masters Event List attached:

Kindy see Page No. 11

**Attachments**

1. **Provisional Entry Form→ Due By the 01st of April 2025**
2. **Final Entry Form→ Due By the 14th of April 2025**

## The Rowing Federation of India

Event No.	Categories	Single		Pair	Team
		500 m	2000 m	2000 m	4x500 m
19	Master Men 30-39	√	√	-	-
20	Master Men 30-39 Lightweight	√	√	-	-
21	Master Women 30-39	√	√	-	-
22	Master Women 30-39 Lightweight	√	√	-	-
23	Master Mixed 30-39	√	√	-	-
24	Master Mixed 30-39 Lightweight	√	√	-	-

Event No.	Categories	Single		Pair	Team
		500 m	2000 m	2000 m	4x500 m
25	Master Men 40-49	√	√	-	-
26	Master Men 40-49 Lightweight	√	√	-	-
27	Master Women 40-49	√	√	-	-
28	Master Women 40-49 Lightweight	√	√	-	-
29	Master Mixed 40-49	√	√	-	-
30	Master Mixed 40-49 Lightweight	√	√	-	-
31	Master Men 50-59	√	√	-	-
32	Master Men 50-59 Lightweight	√	√	-	-
33	Master Women 50-59	√	√	-	-
34	Master Women 50-59 Lightweight	√	√	-	-
35	Master Mixed 50-59	√	√	-	-
36	Master Mixed 50-59 Lightweight	√	√	-	-
37	Master Men 60+	√	√	-	-
38	Master Men 60+ Lightweight	√	√	-	-
39	Master Women 60+	√	√	-	-
40	Master Women 60+ Lightweight	√	√	-	-
41	Master Mixed 60+	√	√	-	-
42	Master Mixed 60+Lightweight	√	√	-	-




**M V Sriram**  
Secretary-General