



BULLETIN NO. 2

As on 16 June 2024

7th Indoor National Rowing Championships

12th ~ 14th July 2024

Organized and hosted by:

PUNJAB AMATURE ROWING ASSOCIATION

On behalf of:

THE ROWING FEDERATION OF INDIA

The Rowing Federation of India

CONTACTS:

Rowing Federation of India

PRESIDENT

Mrs. Rajlaxmi Singh Deo

33-17/2 Officers Colony, RK Puram
Secunderabad – 500056 - Telangana.

Email: - rowingindia@gmail.com

Mob: - +91 92462 02577

SECRETARY GENERAL

M.V. Sriram

Old No.7, New No.15, Sriram Colony,
Abhiramapuram,
Chennai- 600018 - Tamilnadu

E-mail: - sgindiarowing@gmail.com

Mobile: - +91 98400 89429

Punjab Amature Rowing Association

PRESIDENT

Name: - Mrs. Maninder Kaur

SECRETARY

Name: - Mr. Jasbir Singh Gill

Email: rowingassociationpara@gmail.com

Mob: 9814174963.

The Rowing Federation of India
ORGANIZING COMMITTEE

CHAIRMAN

Name: - Jasbir Singh Gill

ORGANIZING SECRETARY

Name: - Gurmail Singh

Email: - gsindia00001@gmail.com

Mob: -+91 82279 00001

President of Jury & Jury Members

Jury Team

- | | |
|-------------------|-------------------|
| 1. Rupam Karmakar | President of Jury |
| 2. Ismail Baig | Member of Jury |
| 3. S.Jegan | Member of Jury |
| 4. Lokesh Kumar | Member of Jury |
| 5. Tejash Shinde | Member of Jury |
| 6. Paul Jeb Rover | Member of Jury |
| 7. Vikram Singh | Member of Jury |
| 8. Azhar Hussain | Member of Jury |

Technical Team

- | | |
|-------------------|--------------------|
| a. Arvind Sehla | Technical Official |
| b. Lachhman Singh | Technical Official |

1. Date and Place

Competitions will be held at **Moga, Punjab** from the **12th to the 14th of July 2024**.

2. Events

A. Senior Events - Open & Light Weight

OPEN EVENTS		LIGHT WEIGHT EVENTS	
MEN	WOMEN	MEN	WOMEN
Individual 2000M	Individual 2000M	Individual 2000M	Individual 2000M
Pairs 2000M	Pairs 2000M	Pairs 2000M	Pairs 2000M
Mixed Fours 500M		Mixed Fours 500M	

B. Junior Events

JUNIOR MEN	JUNIOR WOMEN
Individual 2000M	Individual 2000M
Pairs 2000M	Pairs 2000M
Mixed Fours 500m	

C. Sub Junior Events

SUB JUNIOR BOYS	SUB JUNIOR GIRLS
Individual 500M	Individual 500M
Pairs 500M	Pairs 500M
Mixed Fours 500M	

CONDITIONS:

- 2.1 DOUBLING WILL BE ONLY PERMITTED IN THE MIXED 500 MTRS EVENTS
- 2.2 MIXED FOURS EVENT WILL CONSIST OF 2 MEN AND 2 WOMEN ENTRIES
- 2.3 ELIGIBILITY: - JUNIORS
A ROWER BORN ON OR AFTER 1ST of JANUARY 2006 IS ELIGIBLE TO PARTICIPATE IN THE JUNIOR EVENTS.
- 2.4 ELIGIBILITY: - SUB-JUNIORS

The Rowing Federation of India

A ROWER BORN ON OR AFTER 1ST JANUARY 2009 IS ELIGIBLE TO PARTICIPATE IN THE SUB JUNIOR EVENTS.

- 2.4 EACH EVENT CAN HAVE “A” AND “B” ENTRIES FROM AFFILIATES.**
- 2.5 NO DOUBLING BETWEEN A & B TEAMS**
- 2.6 A SUB-JUNIOR CANNOT PARTICIPATE IN JUNIOR OR SENIOR EVENTS.**
- 2.7 A JUNIOR CANNOT PARTICIPATE IN SENIOR EVENTS.**

3. Eligibility

- 3.1 Indoor National Rowing Championships are open to All Affiliates of RFI.
- 3.2 Any Organization or Institution to which the Federation has granted affiliation as an Associate Member.
- 3.3 Only ‘Nationals of India’ – i.e. ‘Citizens of India’ will be eligible to participate in these Championships. ‘National of India’ shall mean and include a person as defined in Chapter II of the Constitution of India, who is a full-fledged Citizen of India, holding an Indian Passport
- 3.4 Explanation of “National of India”
Holder of a Foreign Passport, Dual Citizenship will not be considered as a ‘National of India’. A ‘Person of India Origin’ [PIO] or ‘Overseas Citizen of India’ [OCI] not eligible to participate in Races conducted by / under the aegis of the RFI.

4. Entries

- 4.1 Preliminary entry form to be submitted by the **01st of Jun 2024**. Same to email and send it to the “Organizing Secretary’s” email id and mark a copy to RFI Secretariat’s email id.
- 4.2 Final Entry (Entry by name) must be received by the Organizing Secretary on or before the **01st of Jul 2024**. The Final Entry must include the names and RFI registration RFI ID Card Number.
- 4.3 All entries must be submitted in the official forms attached herewith only with Secretaries’ signature & association stamp. If there are corrections and over writings, the same must be attested with signature & stamp of the secretary concerned.
- 4.4 Two entries permitted per event in both Senior open and light weight & Junior and Sub Junior Categories from each Affiliate.
- 4.5 **DOUBLING WILL BE ONLY PERMITTED IN THE MIXED 500 MTRS EVENTS in same category.**

Detailed Procedure for Entry Submission

- 4.6 Take a printout. Secretary of State Association to rubber stamp and sign the form.
- 4.7 Scan the Entry Form and email it to Organizing Secretary's email id and mark a copy to RFI Secretariat's email id.
- 4.8 Bring this original Entry Form to Championship venue and hand it over personally to the Organizing Secretary / President of Jury.

Note: a) Change of names of rowers will be accepted till **11th of July 2024 before** the draws are made by the Jury.

5. Rules and Regulation

- 5.1 The format of the Pairs & four mixed events is 2 or 4 rowers rowing in 2,000/500 Mtrs at the same time on Individual machines with result assessed on the cumulative score of the rowers.
- 5.2 Lightweight men must be **75.0 Kg** or under and women **61.5 Kgs**.
- 5.3 For senior category minimum age limit is 16 years and above.
- 5.4 The format of the Mixed four events is 2 male rowers and 2 women rowers rowing 500 Mtrs at the same time on individual machines with result assessed on the cumulative score of the rowers.
- 5.5 Competitors must wear official State Team uniform as registered with R.F.I. The competition will be conducted in accordance with the RFI Rules of Racing.
- 5.6 All teams must wear their racing uniforms as per the officially approved colors. Teams violating this rule will not be permitted to participate in the races.

6. Schedule

SCHEDULE	
Friday 12 July 2024	Arrival of teams, Training, Jury Meeting, Coaches / Managers Meeting & Draws.
Saturday 13 July 2024	Opening Ceremony / Pair & Mixed Four Races & Medal Ceremony
Sunday 14 July 2024	Individual & Mixed Four Races and Medal ceremony
Monday 15 July 2024	Departure

The schedule is subject to change. Changes will be notified to all Associations.

7. Association Flag

The teams are requested to bring the Flags their respective State Associations.

8. Equipment

- 8.1 **Concept2 Model D** Rowing ergometers with **PM5** monitors will be used.
- 8.2 Teams will be responsible for the breakages and damages to the equipment provided by the organizers. The decision of the Jury will be final in determining the extent of damage and cost to be paid.

9. Participation Fee

There will be a 'Participation Fee' of Rs. 500.00 per event per Participant from all Participants.

(If doubling in another event, an extra fee 500/- has to be paid)

Note:

Asian Indoor Rowing Championships is taking place from 10th to the 11th of August 2024, in Malaysia.

INDIA Team will be selected from Medal Winners / Best Time Achievers for Asian Indoor Championships from this Nationals.

10. Transportation & Accommodation.

- 10.1 There is no transportation from station to place of accommodation and place of accommodation to the venue and back etc.
- 10.2 Organizing Committee will not be providing Accommodation & Boarding and local transportation.
- 10.3 Teams have to arrange everything yourself.
- 10.4 Organizers may guide you for suitable accommodation / boarding in due course of time, on request.
- 10.5 Nearest Railway station is **"MOGA"**, on the route of Delhi-Ferozepur line via Ludhiana.

11. Appeals

All appeals shall be dealt with in accordance with RFI Rules of Racing.

12. Medals and Certificates

Medals and Certificates will be presented to first three winners in each event and Participation Certificates will be issued as per the qualifying provisions laid down by RFI.

Attachments

1. **Provisional Entry Form Due By the 01st of June 2024.**
2. **Final entry form Due By the 01st of July 2024.**

13. 2024 Asian Rowing Indoor Championships at Penang, Malaysia from 10th ~ 12th August, 2024

- 13.1 The 7th Indoor National Rowing Championships is the official Selection Championships for the above 2024 Asian Rowing Indoors at Penang, Malaysia.
- 13.2 After the Finals, INDIA Team will be finalized from amongst “All the Medal Winners”, by RFI Selection Committee depending on their performance and timings.
- 13.3 The Selected Team have to make their Contribution to RFI. Approximate Amount will be Rs. 65,000.00 per person to Cover Air Fare, Boarding & Lodging Charges. Actuals will be intimated in due course. Shortfall if any must be paid to RFI before departure.
- 13.6 So individual association must support and help their Selected Team Members to participate in the above Asian Indoor Championships.
- 13.7 All Selected Team Members must submit a **“Willingness to Participate”** form by 14th July evening 2024 after the Prize Distribution to the ‘President of Jury’ to be eligible for Selection.

The Rowing Federation of India

13.8 Based on your willingness RFI Selection Committee will select the INDIA Team.

14. Masters

14.1 RFI has decided to enter eligible Master Rowers in the various categories in the Masters Events of the 2024 Asian Rowing Indoor Championships at Penang, Malaysia

14.2 Eligibility Criteria and Selection Procedure:

14.3 Eligibility Criteria

14.3.1 Kindly follow bulletin issued by Organizing Committee of the 2024 Asian Rowing Indoor Championships at Penang, Malaysia regarding eligibility. You can see the bulletin uploaded in our website soon.

14.3.2 All Selected Masters must pay RFI towards Air Fare, Boarding and Lodging Charges, in full, to participate in the Championships. Amounts will be advised later.

14.3.3 Approximate Charges for Airfare Boarding and Lodging will be Rs. 65,000.00. Actuals will be intimated in due course and if short paid the balance must be transferred to RFI before departure.

14.5 Selection Procedure:

14.5.1 Interested Masters to submit names to their respective State Secretaries.

14.5.2 Secretaries must organize selection in a common place where Concept 2 ergometer is available with a good PM5 monitor.

14.5.3 Each Interested Master can come at a mutually agreed date & time and give selection. **Selections to be completed by 5th July 2024** and result sheet must be signed by the respective secretaries and two eminent sports persons present during the trials and video clip of each participant emailed to RFI as instructed.

14.5.4 Distance is 2000 meters

14.5.5 Only “Singles” entry allowed.

The Rowing Federation of India

- 14.5.6 The whole selection must be captured in video format, in a mobile phone and shared along with the result sheet to the Secretary's Generals official email ID by **05.07.2024**.
- 14.5.7 RFI Selection Committee will decide the final qualifiers and notify final Masters' Team and publish the same.
- 14.5.7 Amount to be contributed to RFI for "Official Participation" will be intimated. This amount has to be paid by intimated due date, before departure.
- 14.5.8 Only those willing to fund and proceed to Penang, Malaysia if selected, need participate in the Selections.
- 14.5.9 Events List:

Annex1
Preliminary Entry Form by Numbers
2024 Asian Rowing Indoor Championships
Penang, Malaysia

Event No.	Categories	Single	Single
27	Masters Men 30-39		
28	Masters Men 30-39 Lightweight		
29	Masters Women 30-39		
30	Masters Women 30-39 Lightweight		
31	Masters Men 40-49		
32	Masters Men 40-49 Lightweight		
33	Masters Women 40-49		
34	Masters Women 40-49 Lightweight		
35	Masters Men 50-59		
36	Masters Men 50-59 Lightweight		
37	Masters Women 50-59		
38	Masters Women 50-59 Lightweight		
39	Masters Men 60+		
40	Masters Men 60+ Lightweight		
41	Masters Women 60+		
42	Masters Women 60+ Lightweight		




M V Sriram
Secretary-General