



**BULLETIN NO. 1**

**5th Indoor National Rowing  
Championships**

**11th ~ 13th, November, 2022**

**Organized and Hosted by:**

**CHANDIGARH ROWING ASSOCIATION**

**On behalf of:**

**THE ROWING FEDERATION OF INDIA**

CONTACTS:

## The Rowing Federation of India

### PRESIDENT

Mrs. Rajlaxmi Singh Deo  
33-17/2 Officers Colony,  
RK Puram,  
Secunderabad-500056-Telangana

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### SECRETARY GENERAL

Mr. M.V. Sriram  
Secretariat Address:  
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Abhiramapuram,  
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## Chandigarh Rowing Association

### PRESIDENT

Dr. Anmol Rattan Sidhu

### SECRETARY

Mr. Rajeev Sharma

Email: [cra.rowtowin@yahoo.com](mailto:cra.rowtowin@yahoo.com)

Mob: 9872556765

## ORGANIZING COMMITTEE

### CHAIRMAN

Name: To Be Intimated

## ORGANIZING SECRETARY

Name: To Be Intimated

Email: To Be Intimated

Mob: To Be Intimated

## Regatta Convener

Name: To Be Intimated

Email: To Be Intimated

## President of Jury

To be Nominated

**Date and Place**

The competitions will be held at the Gymnasium Hall, J L Nehru Sports Complex, Panjab University, Sector 14, Chandigarh UT, from 11th to 13th November, 2022.

**1. Events****OPEN & LIGHT WEIGHT EVENTS**

OPEN		LIGHT WEIGHT	
MEN	WOMEN	MEN	WOMEN
Individual 2000M	Individual 2000M	Individual 2000M	Individual 2000M
Pairs 2000M	Pairs 2000M	Pairs 2000M	Pairs 2000M
Mixed Fours 500m		Mixed Fours 500m	

**JUNIOR EVENTS**

JUNIOR MEN	JUNIOR WOMEN
Individual 2000M	Individual 2000M
Pairs 2000M	Pairs 2000M
Mixed Fours 500m	

- 1.1 DOUBLING WILL BE ONLY PERMITTED IN THE MIXED 500 MTRS EVENTS.
- 1.2 MIXED FOURS EVENT WILL CONSIST OF 2 MEN AND 2 WOMEN PARTICIANTS.
- 1.3 FOR JUNIORS, THOSE BORN ON OR AFTER 1ST JANUARY, 2004 ARE ELIGIBLE TO PARTICIPATE.
- 1.4 EACH EVENT CAN HAVE 2 ENTRIES FROM AFFILIATES - "A" & "B".
- 1.5 NO DOUBLING BETWEEN A & B TEAM.

## **2. Eligibility**

National Rowing Championships are open to the following:

- 2.1 All Affiliates of RFI
- 2.2 Any Organization or Institution to which the Federation has granted affiliation as an Associate Member.
- 2.3 Only 'Nationals of India' – i.e 'Citizens of India' will be eligible to participate in these Championships. 'National of India' shall mean and include a person as defined in Chapter II of the Constitution of India, who is a full-fledged Citizen of India, holding an Indian Passport
- 2.4 Explanation of "National of India"  
Holder of a Foreign Passport, Dual Citizenship will not be considered as a 'National of India'. A 'Person of India Origin' [PIO] or 'Overseas Citizen of India' [OCI] not eligible to participate in Races conducted by / under the aegis of the RFI.

## **3. Entries**

- 3.1 Preliminary entry form to be submitted by the 10th Oct, 2022 to the EMail of the Organizing Secretary's and mark a copy to RFI Secretariats EMail id.
- 3.2 Final Entry (Entry by name) must be received by the Organizing Secretary on or before the 04th Nov, 2022.
- 3.3 The Final Entry must include the names and RFI Registration Card Numbers.
- 3.4 All entries must be submitted in the official forms attached herewith only with State Secretary's Signature & Association Stamp. If there are corrections and over writings, the same must be attested with Signature & Stamp of the Secretary concerned.
- 3.5 Two entries permitted per event in both Senior open and light weight & Junior Categories from each Affiliate.
- 3.6 NO DOUBLING IN 2000 MTRS.
- 3.7 DOUBLING WILL BE PERMITTED ONLY IN THE MIXED 500 MTRS EVENTS

#### **4. Detailed Procedure for Entry Submission**

- 4.1 Take a print out. Secretary of State Association to rubber stamp and sign the form.
- 4.2 Scan the Entry Form and email it to Organizing Secretary's email id and mark a copy to RFI Secretariat's email id.
- 4.3 Bring this original Entry Form to Championship venue and hand it over personally to Organizing Secretary / President of Jury.

#### **Note:**

a) Change in Names of Rowers will be accepted till the **11th Nov, 2022** / before the draws are made by the Jury.

#### **5. Rules and Regulation**

- 5.1 The format for the Pairs events is: 2 rowers rowing 2,000 meters at the same time, on Individual machines, with result assessed on the cumulative score of the rowers.
- 5.2 The format for the Mixed Four events is: 2 male rowers and 2 women rowers rowing 500 meters at the same time, on individual machines, with result assessed on the cumulative score of the rowers.
- 5.3 For Lightweights, Men must be 75.0 Kgs and Women 61.5 Kgs or under.
- 5.4 Competitors must wear official State Team uniform as registered with R.F.I. The competition will be conducted in accordance with the RFI Rules of Racing.
- 5.5 All teams must wear their racing uniforms as per the officially approved colors. Teams violating this rule will not be permitted to participate in the races

## 6. Schedule

<b>SCHEDULE</b>	
Friday 11th November, 2022	Arrival of Teams, Training, Jury Meeting, Coaches / Managers Meeting & Draws
Saturday 12th November, 2022	Opening Ceremony / Pair & Mixed Four Races & Medal Ceremony
Sunday 13th November, 2022	Individual & Mixed Four Races and Medal Ceremony
Monday 14th November, 2022	Departures

6.1 The schedule is subject to change. Changes will be notified to all Associations.

## 7. Association Flag

7.1 The teams are requested to bring the Flags their respective State Associations.

## 8. Boats and Equipment

8.1 Concept2 Model D Rowing Ergometers with PM5 monitors will be used.

8.2 Teams will be responsible for the breakages and damages to the equipment's provided by the organizers. The decision of the Jury will be final in determining the extent of damage and cost to be paid.

## 9. Participation Fee

9.1 There will be a 'Participation Fee' of Rs. 500.00 per Participant to be paid to Rowing Federation of India, from all Participants.

## **10. Transportation**

- 10.1 Local Transportation provided from Railway Station to place of stay and the racing venue and back.
- 10.2 Ample public transport, Auto, Uber, Ola is available. No transportation provided from Airport to venue & back.

## **11. Accommodations:**

- 11.1 Accommodation will be available on prior booking through Organizing Committee from 1100 hrs 11th November, 2022 to Noon of 14th November, 2022.
- 11.2 Cost per person per day on a subsidized basis would be Rs 800/- which would include the following:
  - 11.2.1 Lunch and Dinner on the 11th November
  - 11.2.2 Breakfast, Lunch and Dinner on 12th & 13th November
  - 11.2.3 Breakfast on 14th November
- 11.3 Any team coming prior 1100 hrs on 11th or departing after 1200 hrs on the 14th will have to make their own arrangements for stay and food.

## **12 Appeals**

- 12.1 All appeals shall be dealt with in accordance with RFI Rules of Racing.

## **13 Medals and Certificates**

- 13.1 Medals and Certificates will be presented to first three winners in each event and Participation Certificates will be issued as per the qualifying provisions laid down by RFI.



**Attachments**

- |                           |                            |
|---------------------------|----------------------------|
| 1. Preliminary Entry Form | Due By 10th October, 2022  |
| 2. Arrival/Departure Form | Due by 31st October, 2022  |
| 3. Final Entry Form       | Due by 04th November, 2022 |



**M V Sriram**  
**Secretary-General**

Encl: a/a